

n) Travel to and from competitive events and associated non-competitive events which are an integral part of TRIATHLON ONTARIO sanctioned races, activities and events.

2. Furthermore, I am aware:

- a) That injuries sustained can be severe;
- b) That I may experience anxiety while challenging myself during the triathlons, duathlons and multisport events;
- c) That I may come into close contact with other participants;
- d) That my risk of injury is reduced if I follow all rules established for participation and competition; and
- e) That my risk of injury increases as I become fatigued.

Release of Liability and Disclaimer

3. In consideration of TRIATHLON ONTARIO allowing me to participate, I agree:

- a) That my physical condition has been verified by a medical doctor within the past twelve months and I am medically cleared to participate;
- b) To assume all risks arising out of, associated with or related to my participation and am fully aware of the nature of these risks including personal injury, death, property damage expense and related loss, including loss of income;
- c) To be solely responsible for any injury, death, loss, including loss of income or damage that I might sustain while participating;
- d) To **RELEASE, DISCHARGE, SAVE HARMLESS AND INDEMNIFY** TRIATHLON ONTARIO, and their respective directors, officers, committee members, members, employees, volunteers, officials, judges, participants, sponsors, facilities where the activity occurs, agents and representatives from any and all liability, for any and all claims, demands, actions, judgments, executions and costs that might arise out of my participating, even though any such risks, injuries, loss, damage, claims, demands, actions or costs may have been caused by any manner whatsoever, including but not limited to, the negligence, breach of contract or breach of any statutory duty of care of TRIATHLON ONTARIO.

Acknowledgement

4. I acknowledge that I have read and understand this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, executors, administrators and representatives.

Signature

Date

Signature of Parent or Guardian (if under 18 years of age)

Date

Credit Card Number (or attach cheque payable to TRIATHLON ONTARIO)

Expiry Date

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M M Y Y

Signature

Applications must be submitted by Club Administrators to:

Triathlon Ontario, 2-2015 Pan Am Boulevard, Milton, Ontario, L9T 8Y9

Phone: (416) 426-7025